

## Senior Citizen Advisory Committee (SCAC) Minutes

**Tuesday, February 15, 2020**

**Present:** April Ashpes, Marti Galvin (chair), Henry Haslinger, Elisabeth Kevorkian, Frank Pearlman, Betty Timer (secretary), Warren Wilcox, Becky Sutfin (City liaison)

**Absent:** Cathy Brannan (excused), David West (not excused)

The meeting was called to order at 3:30 by chair, Marti Galvin. The agenda was approved (moved by Elisabeth Kevorkian and seconded by Warren Wilcox.) The minutes of the previous meeting were approved (moved by Warren Wilcox and seconded by Frank Pearlman.)

### **OLD BUSINESS:**

**GAIL update** A Free Memory Training Class will occur in the Greenbelt Municipal Center second floor on Wednesdays March 4 through April 1 at 1-3pm. Registration is required. Also, the next food distributions occur at Springhill Lake Elementary on March 5, April 2, and May 7 @ 1:30pm-3:00pm.

**Widowed Persons update** The next session begins on Tuesdays, March 3 from 10:00am -12:00pm in the Community Center. There will be six meetings. Advertisement of this event have been distributed to the News Review, social media, and posters.

**Recruiting New SCAC Members** Our committee will soon have a need for two new members. We are asked to assist in finding them. Betty said she would resurrect the article written previously and submit it to the News Review.

**Recognition Groups Grant Workshop Representative** The person designated to assume this position was not identified at this meeting.

**Not For Seniors Only** The chosen topic is Downsizing. The event will occur on June 6. Beckie has left a few messages for speakers. Currently there have been no responses. More suggestions were made for speakers by the members that included contacting Riderwood (Betty) and Junk in the Trunk (April).

**Stair Step Initiative** The presented letter at the last meeting was edited by the committee. The revised copy including the pictures taken of the locations will be sent to the committee members when completed. The final copy will be sent to City Council members and Jim Sterling. Betty suggested that we should invite Mr. Sterling to meet with us at our March meeting.

**Council Referral- AARP Livable Communities Study** In the previous meeting Betty read an excerpt from AARPs announcement that said "Planned Community's" were not accepted into the program. Becky has contacted AARP concerning this issue.

**Open Forum Department Response** Becky distributed a nearly complete list of the responses from City managers. She requested that the committee read and analyze the document for the next meeting.

## **NEW BUSINESS**

**Council Referral- Celebration for 100 Year Old's** At the last meeting Marti asked this question. What does the committee think would be a good way of celebrating their lives?

Elisabeth said that whatever is planned, the wishes of the centenarian should be a primary focus. She gave three examples of people she knew and their opinions . One was someone who only wanted a small party only to including only her immediate family, another said she did not want any celebration, the third was not in good enough physical health to be able to celebrate.

Marti's suggestion was to have a party at the centenarian's home. It should last only one hour. Photos of attendees and 100-year-old should be taken as they wore a crown that included a 100 insignia. Of course, there should be a cake with the same insignia. Live or prepared music including favorite song of the person should be a part of the celebration. A proclamation from the City Council should be presented that includes the 100 year old's picture. Any party expenses should be handled by the City.

Betty's ideas included; after a theme was chosen for the party, invitations should be sent to family members and friends, a short synopsis of the centenarians life could be published in the News Review which might include old photos, their favorite songs should be played, of course there should be a cake with 100 on it. She felt that a permanent plaque with all the 100 year old's names should be displayed in the senior lounge at the Community Center. Her favorite quote for the occasion is" Happy100th birthday. This is an incredible milestone, but not as incredible as you are!"

Question...How will the City find out who they are? And what will happen to the seniors who are over 100 when this event happens? How will you locate these individuals?

**ANNOUNCEMENTS:** Becky shared these events. The spring musical is March 7 and 8 and the following Sunday March 14. The senior Ice Cream Social is March 20 at 1:00.

A motion to adjourn (moved by April Ashpes and seconded by Henry Haslinger.)

Respectfully submitted,

*Betty Timer, Secretary*

The next meeting is at 3:30pm on March 31, 2020